

# Adapting your home

## Adjustable beds

with simple controls can make it easier to get in and out of bed.



## Motion sensors

that turn on when you get out of bed could prevent trips in the dark.



## Easy access showers

allow you to walk straight in and sit down, which can help prevent falls.



## Powered riser-recliner chairs

can be much easier to get in and out of compared with regular armchairs.



Living room

Bathroom

Hallway

Stairlifts

## KeySafe door locks

allow trusted family or carers to let themselves in safely.



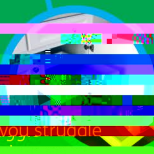
## Ramps and handrails

can replace steps to your front door for easier access.



## Accessories

can make help if you struggle to reach shelves in the kitchen.



## Wider internal

can improve accessibility or walking aid.

