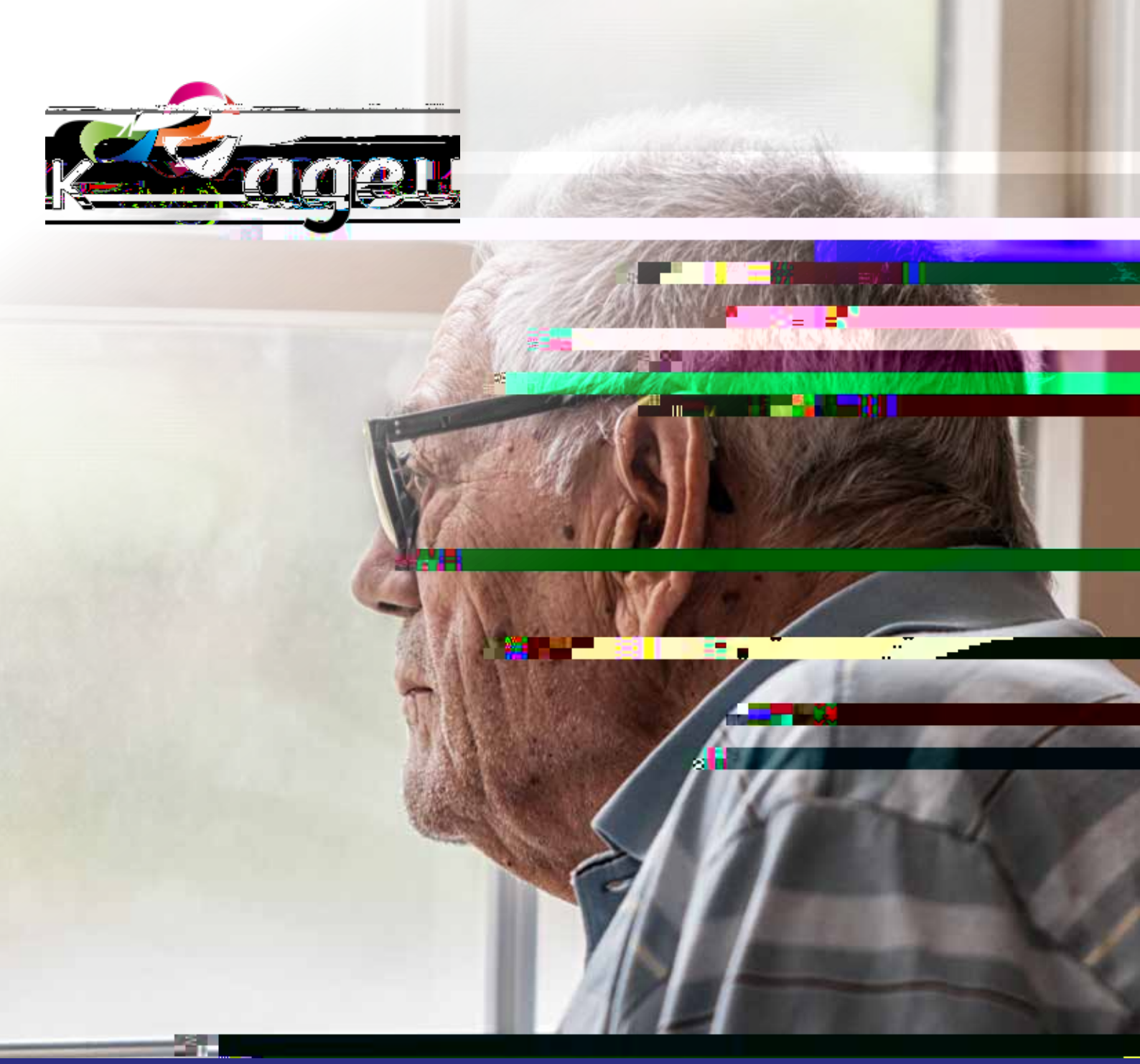

2023

# Bereavement Support Project

# [illegible]


[illegible] 03

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[illegible] 1

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# Executive summary

**363 older people**,

1 -0 0 6 2. 12.3 ( )12.11 0 0 1 ( )1 .3 ( )1.6 ( ) -2.3 ( )12. ( )-2 ( )16.

[illegible]

[illegible]

[illegible][1].

[illegible] ***Bereavement – What to do when someone dies***, [illegible]

[illegible]

[illegible]

[illegible]

[illegible]

# Why bereavement support?

2021-22, 1,0 1 1 .

0 [2].

**five times more likely to be lonely**

**four times more likely to experience depression**

***“Focusing on the tasks.. registering the death, organising a funeral.. can help people through the first 2 weeks of shock.”***

**Practical support**

[illegible]

# The delivery model

**in-depth advice peer support**.

**In-depth Informatiyrn8ye**

## How we chose which local Age UKs would deliver the pilot

**Age UK National objectives**

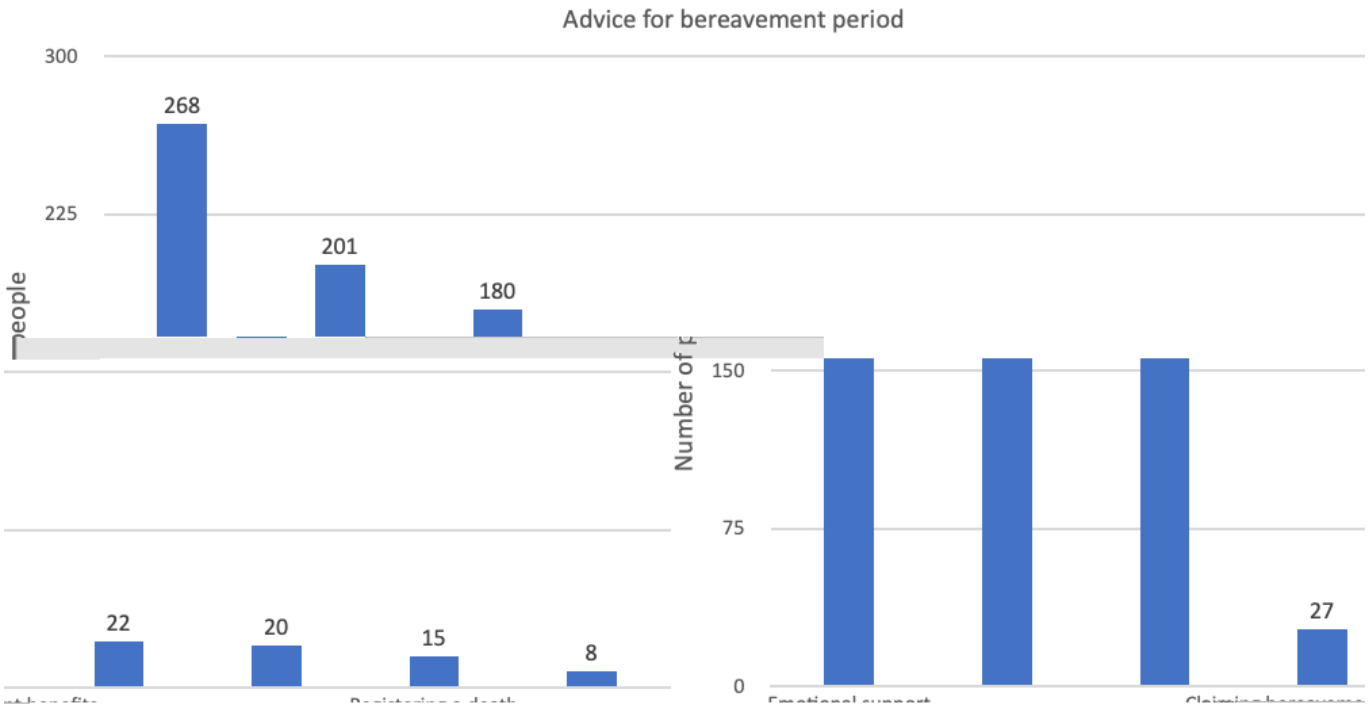
**Upskill our network of Local Age UK advisors**

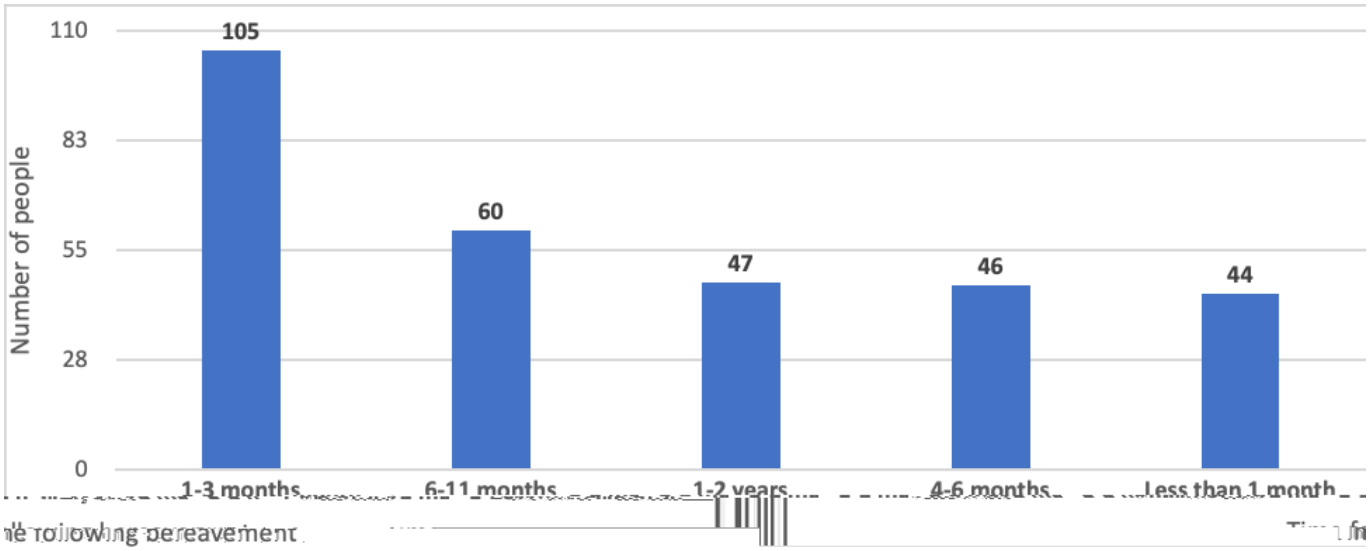
**Improve and develop Age UK's bereavement resources**

| Our target | What we achieved |
|---|---|
| **Provide one-to-one support to 400 older people who had experienced a recent or, were expecting, a bereavement over 12 months** | 363 12 . 1 3 233 130 . |
| **Provide training to Local Age UK advisors and Age UK's National Advice Line advisors, to support them in providing immediate emotional support to someone who has been bereaved.** | . . . 100 , 100 . The Bt ep 1 7-0w (a)3.3 (i)5 (n)4.8 (i)4.(t v)12.41 |
| **Develop our resources on bereavement and distribute nationwide** | 0.02 . |
| | |

[illegible], 2023, **363 older people**

**Emotional support and advice on housing and health care needs** **support with managing the large quantity of paperwork**

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**Developed a bereavement peer support group**

**Maximising income**

**Rolled out bereavement support training nationally**

**Information guides**

, ***Bereavement  What to do when someone dies***.

***Bereavement*** **What to do when someone dies** 2022-23,

**Bereavement:** 13,11

**What to do when someone dies:** 10,12 1,3 1

**Gain insight into the gaps and barriers to bereavement support for older people**

**Support is best delivered and received face to face.** -1

**Bereavement services are limited.** [6]

**Practical support with bereavement is required.**

**Pre-death planning.**

**Digital exclusion.**

**Peer support.**

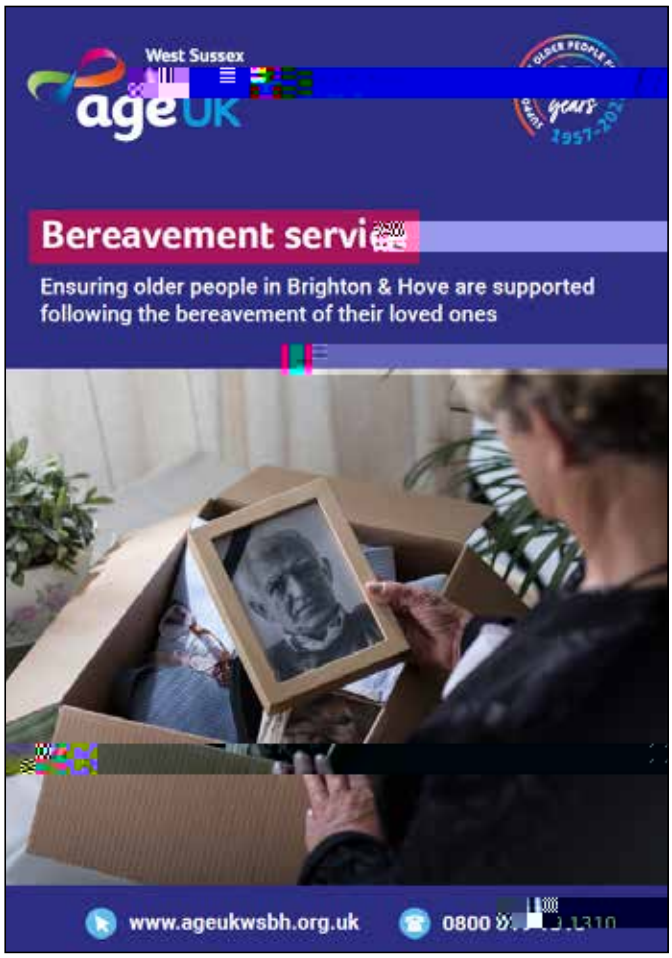
**Identifying older people who have been bereaved.**

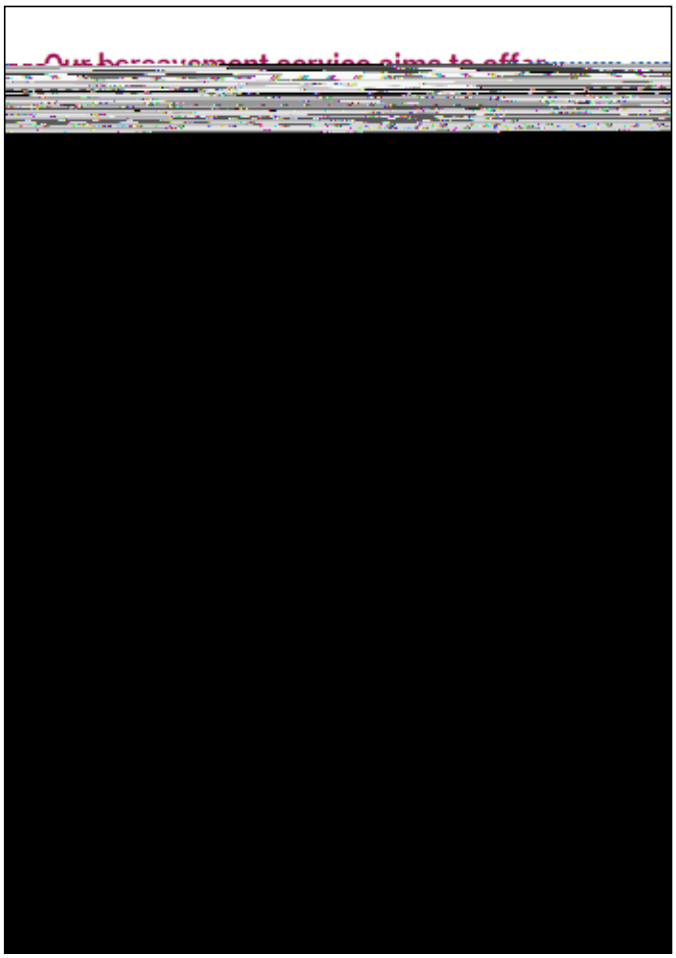
6 2023, 2021,

# Age UK West Sussex, Brighton & Hove's

[illegible]

## Next steps


West Sussex
ageUK
Bereavement servi
Ensuring older people in Brighton & Hove are supported following the bereavement of their loved ones
www.ageukwsbh.org.uk



**Fred's story. Fred received support from Age UK's WSBH Bereavement Navigator.**

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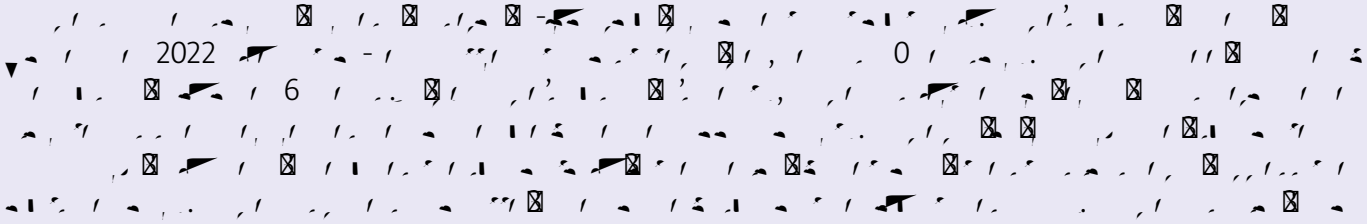
## How the Bereavement Navigator helped

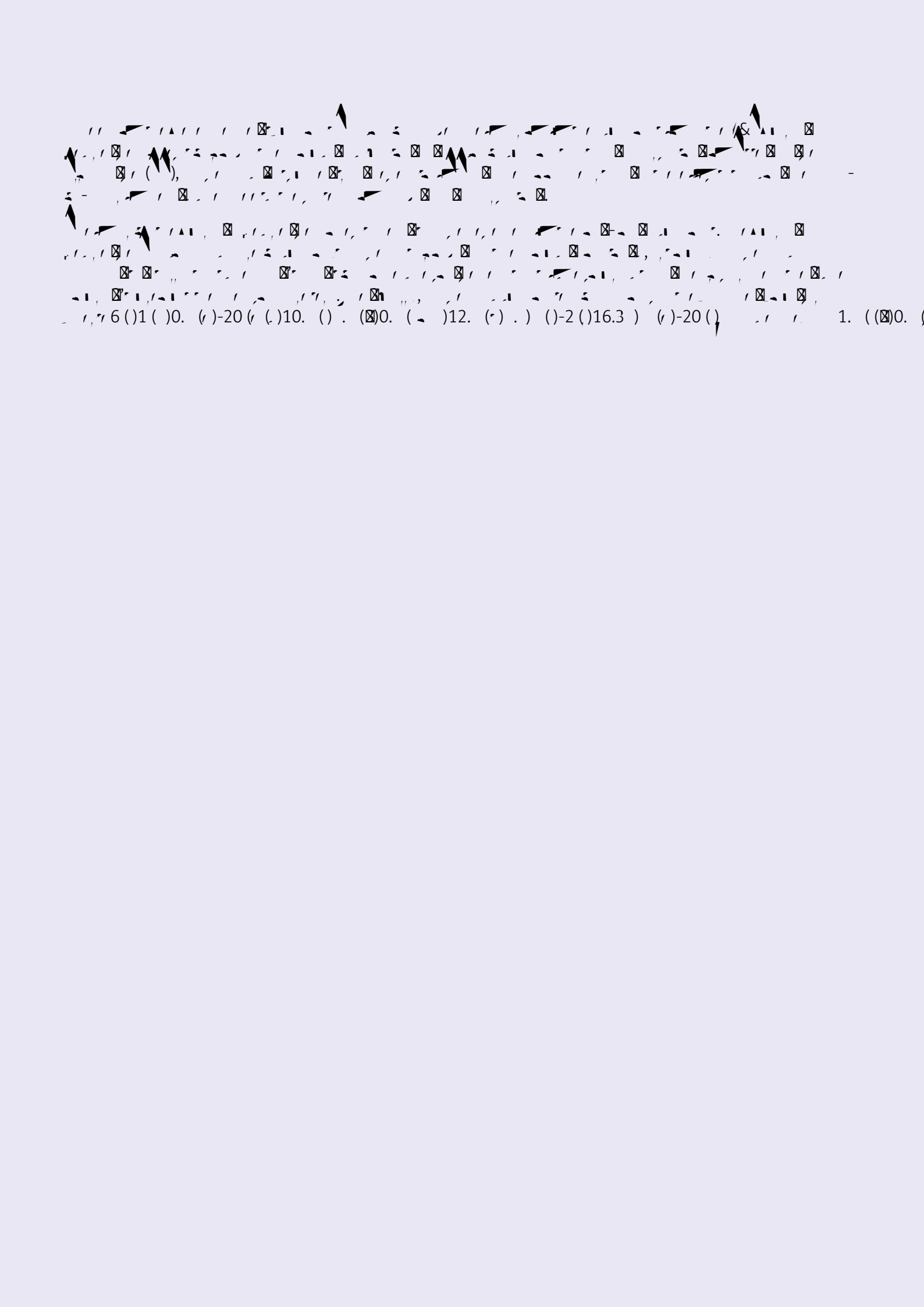
## What the Navigator's support has meant for Fred

# Conclusion and recommendations

# Stories of people

**Grace was supported by Age UK Camden's Bereavement Support Advisor**





## What bereavement support has meant for Kate

## Daniel received support from Age UK South Lakeland's Bereavement Support Advisor

) . . ( ) .3 ()11. (.) , ( ) ()11. ( )2.6 ( )1 . ( )1. ( )-2 ()16.3.6 ()2. ( )-26.

**Age UK**

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**0800 678 16 02**
**www.ageuk.org.uk**

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